



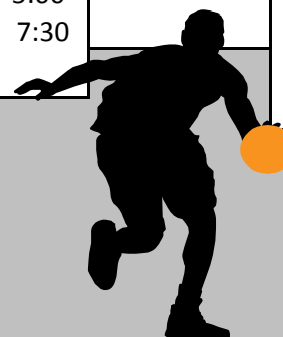
NBRC Gym Schedule

JANUARY



1/13/2015

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Open Gym 6:00-7:30	Open Gym 6:00-8:00	Open Gym 6:00-7:30	Open Gym 6:00-8:00	Open Gym 6:00-7:30		
6:30am							
7:00am							
7:30am	Drop-in Fit For Life 7:30-8:30		Drop-in Fit For Life 7:30-8:30		Drop-in Fit For Life 7:30-8:30	Open Gym 6:30-8:30	Open Gym 7:30-8:30
8:00am							
8:30am	Drop-in Pickleball 8:30-10:30	Drop-in Pickleball 8:45-10:30	Drop-in Pickleball 8:30-10:30	Drop-in Pickleball 8:45-10:30	Open Gym 8:30-10:30	Drop-in Grp Power Wrkt 8:30-9:30	
9:00am							
9:30am							
10:00am	Drop-in Fit For Life 10:30-11:30		Drop-in Fit For Life 10:30-11:30		Drop-in Fit For Life 10:30-11:30	Gonzo 9:30-12:00	
10:30am							
11:00am	Drop-in Adult Basketball 11:30-1:30	Open Gym 10:30-1:00	Drop-in Adult Basketball 11:30-1:30	Open Gym 10:30-1:00	Drop-in Adult Basketball 11:30-1:30		Drop-in CoEd Volleyball 8:30-12:30
11:30am							
12:00pm							
12:30pm		Drop-in Senior Basketball 1:00-2:30		Drop-in Senior Basketball 1:00-2:30	Open Gym 1:30-2:30	Open Gym 9:30-3:00	Open Gym 12:30-1:45
1:00pm							
1:30pm	Drop-in Youth Basketball 2:30-5:00	Drop-in Youth Bball 2:30-5:00	Open Gym 1:30-4:30	Drop-in Youth Basketball 2:30-5:00	Drop-in Youth Basketball 2:30-5:00	Gonzo Tennis 3:00-4:30	Gonzo Tennis 1:45-4:15
2:00pm							
2:30pm							
3:00pm	Drop-in HIIT 5:30-6:15	GPW 5:15-6:00	Drop-in HIIT 5:30-6:15	GPW 5:30-6:15	BAC Vball 5:15-7:15 1/23, 30	Open Gym 4:30-3:00	Open Gym 4:15-8:00
3:30pm							
4:00pm							
4:30pm	Open Gym	WW 6:00-7:00	Open Gym	Wmns Wrkout 6:00-7:00	Open Gym 5:00-7:30		
5:00pm							
5:30pm	Kickball 7:00-10:00	BAC Vball 6:30-9:30	Drop-in Adult Basketball 7:00-9:00	Youth Volleyball 7:00-10:00			
6:00pm							
6:30pm							
7:00pm		Open Gym 7:00-9:30	Open Gym				
7:30pm							
8:00pm							
8:30pm							
9:00pm							
9:30pm							



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)